



Leichhardt Women's
COMMUNITY HEALTH CENTRE



lwchc

www.lwchc.org.au

LWCHC is funded by Sydney Local Health District

LWCHC GROUP PROGRAM TERM 2 2025

**CALL RECEPTION 9560 3011 TO
MAKE A BOOKING FOR ANY OF
OUR GROUPS**

NIA DANCE MOVEMENT

Wednesdays 11am-12pm
16, 21 and 30 April, 7 and 14 May (5 weeks)
Leichhardt Women's Community Health
Centre and Leichhardt Town Hall

ART THERAPY

Fridays 2.30pm-4:30pm
2 May to 20 June (8 weeks)
Leichhardt Women's Community
Health Centre

YOGA WITH LISA (TWO GROUPS)

Mondays 9:30am - 10:30am
11:45am - 12:45pm
28 April to 30 June (9 weeks)
Leichhardt Women's Community
Health Centre

MEDITATION

Mondays 10:45 am - 11:30 am
28 April to 30 June (9 weeks)
Leichhardt Women's Community
Health Centre

ART THERAPY EXTENSION

**For returning clients who have completed at
least one art therapy course**

Tuesdays 9.30am - 11:30pm
29 April to 17 June
(8 weeks)
Mervyn Fletcher Hall, 81 Dalhousie
St Haberfield

THAO'S VIETNAMESE GROUPS

VIETNAMESE WOMEN'S SUPPORT GROUP

Tuesdays 10am-1.30pm

VIETNAMESE WOMEN'S WELLNESS GROUP

Every second Wednesday 9.30am-1pm