

ART THERAPY

A friendly, welcoming space for women to explore making art in a therapeutic group setting. No art experience necessary, just a curiosity in the creative process.

Fridays 10.30am - 12.30pm

17 October to 5 December 2025

(8 weeks)

Cost: \$80 (\$40 Concession)

Light refreshments and all materials provided.

This is a therapeutic group, conducted in a safe and supportive environment. Facilitated by a qualified Art Psychotherapist, it is suitable for those wishing to explore their feelings through the use of different art materials and the creative process.

** If you are unsure whether the group is right for you please leave your details and our Art Therapist will contact you.*



Leichhardt Women's
COMMUNITY HEALTH CENTRE



lwchc

www.lwchc.org.au

LWCHC is funded by Sydney Local Health District

call us to make your booking

9560 3011

ART THERAPY

A friendly, welcoming space for women to explore making art in a therapeutic group setting. No art experience necessary, just a curiosity in the creative process.

Fridays 10.30am - 12.30pm

**17 October to 5 December 2025
(8 weeks)**

Cost: \$80 (\$40 Concession)

Light refreshments and all materials provided.

This is a therapeutic group, conducted in a safe and supportive environment. Facilitated by a qualified Art Psychotherapist, it is suitable for those wishing to explore their feelings through the use of different art materials and the creative process.

** If you are unsure whether the group is right for you please leave your details and our Art Therapist will contact you.*



www.lwchc.org.au

LWCHC is funded by Sydney Local Health District

call us to make your booking

9560 3011