

Quit Smoking Support *For Women*



- Would you like an extra \$80 a week?
- Could you handle feeling healthier?
- Join together with other women for support, and throw away your ashtray!
- Learn strategies to reduce cravings and stay motivated



***Make this the year you
quit smoking for good***

Wednesdays 1030am-1230pm (4wks)

March 7 to 28, 2012

At 55 Thornley St, Leichhardt



- Group is *FREE* to attend!
- Light refreshments provided.



Leichhardt Women's
COMMUNITY HEALTH CENTRE

55 Thornley St (cnr Cary St) Leichhardt
Run by women, for women since 1974

LWCHC is funded by the NSW Department of Health

call us to make your booking

9560 3011

Or email **info@lwchc.org.au**