

# Menopause Information Workshop



*Menopause can be a breeze...or a storm!*

Come along and join the discussion with a variety of health professionals on-

\* What to expect

\* Dealing with symptoms wholistically

\* Weight, Osteoporosis, Sex

-and much more!!!!



Saturday 10am-2pm

**March 3, 2012**

At 55 Thornley St, Leichhardt

- \*Cost is \$20 (concession \$10).
- Payment is required on booking.
- Light refreshments provided.



*\* Fees are negotiable if difficult to pay.*



55 Thornley St (cnr Cary St) Leichhardt  
*Run by women, for women since 1974*

**call us to make your booking**

**9560 3011**

Or email [info@lwchc.org.au](mailto:info@lwchc.org.au)

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